



a world of caring people

THERAPY ONLINE

Training in Online Counselling

“Cybercounselling Online Level 1” begins January 14th

Pre-approved by CCPA for 72 CEU hours

Cybercounselling Level 1 is a 12 week online course designed for experienced counselling practitioners who want to offer professional, ethical counselling to their clients via secure e-mail.

Participants in the course will improve their online counselling skills and professionalism. **Concerns about professional liability insurance will be covered.** The course is highly interactive and personal with a low student to facilitator ratio. Online group and dyadic processes are used so that the entire course is a forum to practise text-based communication skills. Participants from around the world will study and discuss assigned readings, learn about and use secure e-mail technology, practise a diverse range of therapeutic communication skills and tools, engage in role-play, and receive personalized clinical feedback.

The course employs a "practitioner-researcher" model and equips students to provide professional, ethical, and effective e-mail counselling service, covering:

- theoretical issues
- text-based communication and counselling skills
- ethical issues
- technological issues and skills

Certificates are issued jointly by the University of Toronto, Factor-Inwentash Faculty of Social Work and Worldwide Therapy Online Inc.

Cybercounselling Level 1 is divided into three modules.

- **Module 1:** Welcome and personal introductions and cybercounselling overview: theory, skills, technology, and ethics.
- **Module 2:** Theoretical issues and beginning clinical practice
- **Module 3:** More clinical practise, text-enhancing techniques, and personal clinical feedback

“I was an admitted sceptic about the ability of on line counselling to truly work with our clients but now feel it will be a great added resource to the services we provide.”

“I will continue to practice my cybercounselling techniques. I did learn a strong foundation to begin to practice online therapy with clients.”

“I enjoyed everything about this course.”

Fees are \$1149.00 plus taxes. **10% Discount for CCPA members (\$1034.10 plus taxes)!**

Fees may be paid in full or in 3 installments of \$344.70. Fees include the use of PrivacEmail (secure e-mail system) for duration of the course.

Granted upon completion of all three Introduction to Cybercounselling modules:

- Certified Cybercounsellor: Level 1 certificate
- 72 CEUs

Instructors:

Lawrence Murphy, MA Lawrence is a co-Founder of Worldwide Therapy Online Inc. (www.therapyonline.ca). He holds an MA in Counselling Psychology from the University of British Columbia and has been a therapist for the past 18 years. Lawrence has authored a number of publications in the field of cybercounselling and has provided training to individual therapists and counselling agencies on doing therapy online.

Dan Mitchell, MA, CCC Dan is a co-Founder of Worldwide Therapy Online Inc. (www.therapyonline.ca). He holds a master's degree in Counselling Psychology from the University of British Columbia and has served as a Canadian Certified Counsellor with BC Addictions Services for the past 19 years. Since 1994, Dan has been pioneering the field of cybercounselling and has authored several professional publications on the subject.

Mary MacDougall, MSW Mary recently retired as Executive Director of a major family service agency in Vancouver, BC. A graduate of the Ivy League institute Smith College, with a Master of Psychiatric Social Work, Mary has many years of social service experience, including EAP service delivery, with children and families in both the United States and Canada. She has held faculty positions at the University of Windsor, the University of Waterloo, Wildred Laurier University, the University of British Columbia, and the University of Toronto. She has voluntarily served on many boards within the social service sector at both the local and national level, including the Vancouver Art Therapy Institute and serving as a Board Governor with the Leon and Thea Koerner Foundation. Mary was a recipient of the Queens Jubilee Medal for her work with Family Service organizations.

Paul Parnass, MSW, RSW Paul is a highly experienced therapist in private practice that specializes in cybercounselling. He holds an MSW from the University of Toronto and has been working in the counselling field now for 31 years. Paul has delivered workshops and presentations on numerous topics in the mental health and EAP field and is a certified Cybercounsellor with Therapy Online.

MORE INFORMATION / REGISTRATION

For more info, visit <http://therapyonline.ca/cybercounselling/course-desc-L1.asp> or contact Lawrence Murphy at (519) 831-9141 or lmurphy@privacemail.com.

Register online at www.cybercounselling.com.